



Menu

42815 30th St. W #111
Lancaster, CA 93536

(661) 941-4075

www.olgasnaturally.com

BUDGET MENU

\$10.00

CHICKEN PORTOBELLO SANDWICH

Chicken Breast, Portobello, Mushroom, Spinach, Parmesan Cheese, and Pesto Spread

TURKEY AVOCADO SANDWICH

Turkey Breast, Organic Spring Mix, Cucumber, Avocado, Grilled Onions, Goat Cheese and Garlic Chipotle Spread

TUNA & CRANBERRY SANDWICH

Tuna Salad, Spring Mix, Cucumber, Avocado, Kelomoto Olives, and Mustard

POLLO ASADO VERDE SANDWICH

Chicken Breast, Organic Spring Mix, Roasted Peppers, Grilled Onions, Feta Cheese, and Pesto Spread

BREAKFAST SPECIAL

\$ 9.00

3 Eggs, served with our southern-border style breakfast potato, and 2 pieces of toast

OMELETTES: SOUTHERN CALI-STYLE MENU

FIESTA <i>Served with Mushrooms, Roasted Peppers, Onions, Cheese, Avocado, and Chipotle Sauce</i>	\$12.99	CHEESY SPINACH <i>Eggs, Spinach, Parmesan, Cheddar and Blue Cheese</i>	\$12.99
POBLANO <i>Served with Chicken Breast, Roasted Pasilla, Red Onion, Tomato, and Cheese</i>	\$12.99	THE RANCHEROS EGGS <i>Two Eggs, Corn Tortillas, Roasted Corn, Red Sauce, Black Beans and Cheese</i>	\$13.99
CALIFORNIA VEGETARIANO <i>Served with Organic Seasonal Veggies, Spinach, Mushrooms, Red Onion, Olives, and Goat Cheese</i>	\$11.99	CHILAQUILES <i>Eggs, Pasilla Pepper, Black Beans, Red Sauce, Cheese, and Cilantro</i>	\$12.99
CABOS <i>Chicken Breast, Roasted Pasilla, Tomato, Onions, Cilantro, coated with our Special Red Sauce</i>	\$12.99	BREAKFAST TINGA WRAP <i>Four Tortilla Wrap, Eggs, Chicken Tinga, Cheese, Spinach, and Cilantro</i>	\$12.99
VERDE PICANTE SPICY GREEN <i>Served with a Spinach, Kale, Onions, Pasilla, Jalapeños, Pesto, and Goat Cheese</i>	\$11.99	CLASSIC SANDWICH <i>Ciabatta or Brioche Bread, Fried or Scrambled Egg, Lettuce, Tomato, Cheese, and Chipotle Spread</i>	\$10.99
CHORIZO OMELETTE <i>Eggs, Chorizo, Potato, Avocado, Feta Cheese and Beans</i>	\$13.99		

SALADS

L.A.'S SPECIAL

All Natural Grilled Chicken Breast, Organic Spring Mix, Bell Peppers, Tomatoes, Cucumbers, Carrots, and Red Onion

\$12.99

SENIOR CAESAR

Grilled Chicken Breast, Romaine Lettuce Mix, Tomatoes, Croutons, and Parmesan

\$12.99

TRES COLORES

Romaine Lettuce, Bell Peppers, Tomatoes, Cucumbers, Olives, and Feta Cheese

\$11.99

THE ORIGINAL TUNA 'N CRANBERRIES

Tuna Salad, Organic Spring Mix, Hard Boiled Egg, Tomatoes, Cucumber, Kalamata Olives, and Red Onion

\$12.99

SALAD DE GALA

Chicken Breast, Kale, Spinach, Quinoa, Cucumber, Tomatoes, Feta Cheese, and Cranberries

\$12.99

WRAPS

SO-CAL SPECIAL

All Natural Chicken Breast, Organic Mix, Tomatoes, Roasted Pepper, Cucumber, Avocado, and Garlic Chipotle Spread

\$12.99

TURKEY AVOCADO

All Natural Turkey Breast, Organic Mix, Tomatoes, Avocado, Goat Cheese, Grilled Onion, and Garlic Chipotle Spread

\$12.99

POLLO ASADO VERDE

All Natural Chicken Breast, Organic Spring Mix, Roasted Pepper, Feta Cheese, Grilled Onion, and Pesto Spread

\$12.99

BAJA CHICKEN

All Natural Chicken Breast, Grilled Veggies, Organic Spring Mix, Black Beans, Roasted Corn, Cheese, and Garlic Chipotle Spread

\$13.99

CESAR CHAVEZ

All Natural Chicken Breast, Organic Spring Mix, Cucumber, Avocado, Onion, Goat Cheese, and Olives

\$12.99

THE ORIGINAL TUNA 'N CRANBERRIES

Tuna Salad, Spinach Mix, Cucumber, Mustard Avocado, Kalamata Olives, and Blue Cheese

\$12.99

LUNCH & DINNER

CHICKEN PESTO QUESADILLA

All Natural Chicken Breast, Cheese, Pesto, Spinach, Roasted Peppers, Tomatoes, Cilantro, and a side of Guacamoles

\$13.99

CHICKEN MOLE NACHOS

All Natural Chicken Breast, Cheese, Beans, Tomatoes, Guacamole, Salsa, Jalapenos, and Cilantro

\$13.99

CHICKEN PORTOBELLO QUESADILLA

All Natural Chicken Breast, Portobello, Cheese, Tomatoes, Cilantro, and a side of Guacamole

\$13.99

FAJITA BOWL

All Natural Chicken Breast, Bell Peppers, Beans, Rice, Guacamole, Lettuce Mix, and Tomatoes

\$12.99

VEGAN BREAKFAST / PLANT BASED

CALIFORNIA VEGAN BURRITO <i>Tortilla, Eggless Mix, Soyrizo, Black Beans, Potato, Avocado and Salsa</i>	\$10.99	AV VEGAN FRENCH TOAST <i>Cinnamon Bread Dipped in Almond and Coconut Milk and Topped with Seasonal Fruit</i>	\$11.99
PORTOBELLO VEGAN QUESADILLA <i>Tortilla, Eggless mix, Portobello, Org Spinach and Kale, Roasted Peppers, Vegan Cheese</i>	\$12.99	ORGANIC PANCAKES <i>Topped with Seasonal Organic Fruit w/ Side of Organic Maple Syrup</i>	\$10.99
ORGANIC VEGGIES VEGAN CHILAQUILES <i>Tortilla Chips, Veggies, Roasted Tomatoes Salsa, Avocado and Vegan Sour Cream</i>	\$12.99	ORGANIC CARROT PANCAKES <i>Topped with Seasonal Organic Fruit w/ Side of Organic Maple Syrup</i>	\$11.99
QH BREAKFAST BOWL <i>Eggless Scramble, Sausage, Sweet Peppers, Potato, and Black Beans. Topped with our Roasted Tomato Salsa</i>	\$11.99	ORGANIC WILD BERRY PANCAKES <i>Organic Wild Berries, and Banana w/ Side of Organic Maple Syrup</i>	\$12.99
CLASSIC EGGLESS SCRAMBLE <i>Eggless Scramble, Sausage, Organic Kale and Spinach, Potatoes and Sliced Gluten Free Toast</i>	\$11.99	ORGANIC BELGIAN WAFFLES <i>Topped with Seasonal Organic Fruit w/ Side of Organic Maple Syrup</i>	\$11.99
AVOCADO TOAST <i>Avocado, Sliced Heirloom Tomatoes, Fresh Basil, 2 Slices of Vegan Gluten Free Toast, Olive Oil, Salt and Pepper</i>	\$10.99		

BEVERAGES

VEGAN SMOOTHIES	GREEN GINGER KALE <i>Kale, Spinach, Mango, Pineapple, Peaches, Ginger, and Orange Juice</i>	\$ 7.99	ORGANIC COFFEE	\$ 4.50
	MUCHO MANGO GINGER <i>Mango, Pineapple, Peaches, Ginger, and Orange Juice</i>	\$ 7.99	ORGANIC ICED TEA	\$ 5.00
	WILD BERRY VERY GOOD <i>Strawberries, Banana, Mixed Berries, and Orange Juice</i>	\$ 7.99	ORANGE JUICE	\$ 6.00
	PINA COLADA <i>Pineapple, Peaches, Mango, Banana, Lime Juice, and Orange Juice</i>	\$ 7.99	SNAPPLE	\$ 3.00
	YUBA PEACH PASSION <i>Peaches, Strawberries, Banana, and Orange Juice</i>	\$ 7.99	SODA	\$ 3.00
	TROPICAL BREEZE <i>Mixed Berries, Mango, Pineapple, Peaches, and Orange Juice</i>	\$ 7.99	WATER BOTTLE	\$ 2.00
			GLASS OF WATER	\$ 2.00

CALIFORNIAN PLANT-BASED

AVOCADO WRAP <i>Avocado, Kale, Spinach, Carrots, Cucumber, Roasted Pepper, Garlic Chipotle Spread</i>	\$11.99	RED BEET SALAD <i>Organic Kale, Organic Spinach, Organic Beets, Organic Quinoa, Cucumber, Cherry Tomatoes, Organic Cashews, Red Onion, and Sugar Free Golden Balsamic Vinaigrette</i>	\$12.99
SUMMER WRAP <i>Organic Seasonal Veggies, Organic Greens, Tomatoes, Black Beans, Avocado, and Pasilla Spread</i>	\$11.99	HOT DESERT SANDWICH <i>Portobello, Organic Greens, Roasted Peppers, Tomatoes, Grilled Onion, Avocado & Garlic, and Chipotle Spread</i>	\$12.99
VEGAN BAJA CHICKEN WRAP <i>Vegan Chicken, Organic Seasonal Veggies, Spring Mix, Roast Corn, Black Beans, and Garlic-Chipotle Spread</i>	\$13.99	AV FARMER'S SALAD <i>Seasonal Fruits, Organic Spring Mix, Organic Spinach, Kale, Organic Cashews, and Organic Creamy Almond Dressing</i>	\$12.99
PLANT-BASED VERDE WRAP <i>Vegan Chicken, Organic Kale, Spinach, Roasted Peppers, Avocado, Grilled Onion and Vegan Pesto Spread</i>	\$13.99	PLANT-BASED CHICKEN BOWL <i>Organic Seasonal Veggies, Vegan Chicken, Organic Grains, Black Beans, Organic Greens, Roasted Corn, and Avocado</i>	\$13.99
PORTOBELLO CAESAR SALAD <i>Organic Kale, Spinach, Portobello, Cherry Tomatoes, and Creamy Plant-Based Caesar</i>	\$12.99		
QUINOA SALAD <i>Organic Quinoa, Organic Kale, Organic Spinach, Cucumber, Cherry Tomatoes, Dry Cranberries, Organic Cashews, and Sugar Free Golden Balsamic Vinaigrette</i>	\$12.99		

CALIFORNIAN PLANT-BASED LUNCH & DINNER

VEGAN BURRITO <i>Organic Veggies, Black Beans, Rice, Organic Greens, Roasted Corn, Tomatoes, and Guacamole</i>		VEGAN NACHOS <i>Organic Veggies, Vegan Cheese, Black Beans, Roasted Corn, Tomatoes, Jalapeños, Cilantro, and Guacamole</i>	
Veggie	\$11.99	Veggie	\$11.99
Portobello	\$12.99	Portobello	\$12.99
Vegan Chicken	\$13.99	Vegan Chicken	\$13.99
VEGAN QUESADILLA <i>Organic Veggies, Vegan Cheese, Black Beans, Roasted Corn, Cilantro, and Guacamole</i>		VEGAN TOSTADA BOWL <i>Organic Veggies, Rice, Beans, Organic Greens, Tomatoes, Roasted Corn, Guacamole, and Pico</i>	
Veggie	\$11.99	Veggie	\$11.99
Portobello	\$12.99	Portobello	\$12.99
Vegan Chicken	\$13.99	Vegan Chicken	\$13.99